





# **BREAKFAST**

Available 7am to 12pm

#### **BREAKFAST SOURDOUGH BUNS**

All served with Welsh tomato chutney and crispy Tater Tots Gluten free roll available on request (V,E)

PLANT-BASED SAUSAGE / (V,W)	8.95
LOCAL PORK SAUSAGE (W,SD)	8.50
DRY SWEET CURED BACON (W)	8.95
TWO FRIED WELSH HEN'S EGGS (V.W.E	) <b>7.50</b>
ADD:	
TWO RASHERS OF DRY SWEET CURED BACON	2.50
ONE FRIED WELSH HEN'S EGG (V,E)	1.50
ONE LOCAL PORK SAUSAGE (SD)	2.00
THE GRILL BREAKFAST  Your choice of breakfast bun with any hot drink	. 11.00

**Gluten Allergy:** (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat **Nut (Tree Nut) Allergy:** (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

Other Allergy: (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

**Lifestyle: ●** Plant-based, (V) Vegetarian

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### THE GRILL'S FULL WELSH \_\_\_\_\_12.50

Two griddled sweet cured bacon rashers, one local pork sausage, one fried Welsh egg, grilled tomato, grilled flat mushroom and crispy Tater Tots, served with toasted bloomer bread and Welsh butter (W.E. D.S. SD.B)

### EGGS BENEDICT 10.50

Two poached Welsh eggs with cured ham and Hollandaise sauce, served on an English muffin (W,S,D,E,SD)

### EGGS FLORENTINE 9.50

Two poached Welsh eggs with wilted spinach and Hollandaise sauce, served on an English muffin (V,W,S,D,E,SD)

#### TWO POACHED WELSH EGGS

Served on griddled sourdough bread (V,E,W,B,SD)6.50	)
With crushed avocado (V)	)

## TOASTED BLOOMER BREAD .......3.00

Two slices of toasted white (V,W,S) or brown (V,W,B,R,S) bloomer bread, with Welsh butter (V,D) or sunflower spread (V)

## JAM & HONEY (V) 28g......1.50 EACH

 $Choice\ of\ strawberry,\ raspberry,\ black currant,\ apricot,\ orange\ or\ honey$ 

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies.

Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

## **HOT DRINKS**

#### **WELSH ROASTED COFFEE**

Made with beans roasted here in Wales

AMERICANO (V,D)	£4.50
SINGLE ESPRESSO (V)	£4.50
DOUBLE ESPRESSO (V)	£5.50
CAPPUCCINO (V,D)	£5.50
MOCHACCINO (V,D)	£5.50
MACCHIATO (V,D)	£6.00
CAFÉ LATTE (V,D)	£5.50
FLAT WHITE (V,D)	£5.50
MATCHA LATTE (V,D)	£6.00
ADD SYRUP FLAVOUR	£1.50

## WELSH BREW TEA SELECTION **£4.50**

Welsh Brew Breakfast, Earl Grey, Peppermint, Decaf Breakfast, Cranberry & Raspberry, Green Tea, Lemon & Ginger, Mixed Berry, Chamomile

HOT CHOCOLATE (V.B.D) 🎉 .......£5.50